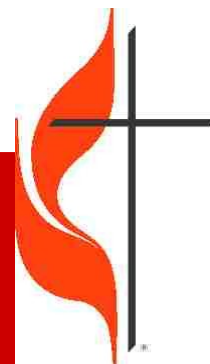


BI-WEEKLY HIGHLANDER

February 16 – March 1 2009



Highlands United Methodist Church

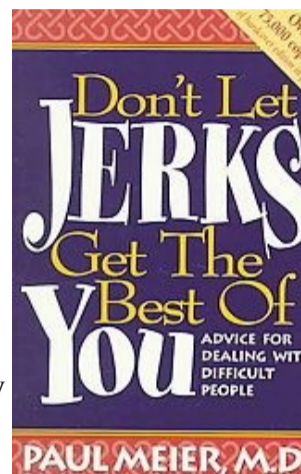
Volume 3 Issue 4

High-

From the Pastor's Desk...

A NEW WORD FOR SIN!

A couple of weeks ago we put a new title on "sin". "Sin" is the technical/theological term for selfishness, living as though we are entitled to act however we want. Selfish actions hurt others and hurt us. In my message I suggested a new term for "sin," which comes from Dr. Paul Meier's book Don't Let Jerks Get the Best of You. Meier points out how everyone is a "jerk" to some degree. We may be low-level first-degree jerks, or we may be higher up the chain--a second degree jerk or even an "Nth Degree" Jerk. We all fit in the scheme somewhere, depending on how much we feel "entitled" to behaving the way we do.



Below you will find **10 Tips for Dealing with Jerks!**

by Steve Arterburn:

1. Realize that you can't please everyone – even Jesus had trouble with that ... *And there was a grumbling among the multitudes concerning Him; some were saying "He is a good man"; others were saying, "No, on the contrary, He leads the multitude astray."* ~John 7:12
2. Realize that you can't please everyone – even Jesus had trouble with that ... *And there was a grumbling among the multitudes concerning Him; some were saying "He is a good man"; others were saying, "No, on the contrary, He leads the multitude astray."* ~John 7:12
3. Difficult people thrive in the center of controversy ... *Like charcoal to hot embers and wood to fire, so is a contentious man to kindle strife.* ~Prov. 26:21 Don't be drawn into unnecessary situations. Misery really does love company!
4. Set clear personal boundaries for appropriate behavior with difficult people. Communicate with them in a gentle, but clear manner.
5. Never retaliate. In the mind of the difficult person, it justifies their behavior.
6. If you have a moment of rational communication with a difficult person, try to help them see how destructive their behavior is to themselves, their family and their career.
7. When a difficult person goes into attack mode or excessive defensiveness, recognize that it is useless to argue with them ... *Do not answer a fool according to his folly, lest you also be like him.* ~Prov. 26:4
8. Learn to recognize when your defense mechanisms come up. Realize that getting defensive will only exacerbate the process of dealing with difficult people.
9. A difficult person's behavior is really out of your control. Pray for them and let God deal with them ... *But I say to you love your enemies and pray for those who persecute you.* ~Matt. 5:44
10. When you're facing on-going communication problems with a difficult person, it's often helpful for a neutral third party to facilitate better communication.

Grace and Peace, Pastor Marjorie

Ash Wednesday Service
6:30 p.m.
February 25th..
Sermon: Nothing Between



Volunteer Needed:
Since we no longer have a secretary, it has become the job of the pastor to put together this Bi-Weekly Highlander. I am looking for someone who might be interested in learning how to pull the parts of the newsletter together so Highlands will continue to enjoy its merits. Interested persons need to have working knowledge of computer—MS Word and Outlook (or email). I will train how to use the Publisher and how to send the newsletter via email. Please let me know if you are interested.
Call 256 426 1567 for Pastor Marjorie

[Click to Close](#)

We are praying for:

Virginia Piner
Gordon & Pat Cottrell
Tim and Jeannie Hardin
Jim Patton (cancer)
John, Joe, & Mollie McColpin
Faye & Bosie Harris
Pastor Elisha Kabungaidze. (in Zimbabwe)
Our country's new leaders!
Hazel Bowen and family
co-worker w/ cancer
Chantella Owens



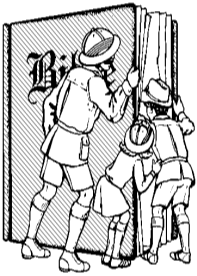
Millie Whalen (in Florida)
Ken Kavanaugh (cancer)
Ira Laney & Family
George Weldon
Kay Weiss
Sara Jones—for remission
Unspoken (from Newman's)
Eddie Thomas
Our troops in the middle east
Lindsay Philips, Pete's granddaughter
Marion Moore Family

**LENTEN STUDY:
COME TO THE CROSS**

BEGINNING, WEDNESDAY
FEBRUARY 25—10 A.M.
Books available in the fellowship
hall;
Sign up for class and get your book.



The Hospitality Committee would like to thank everyone for their donation to the Fund Raiser Meal. We collected \$580 for the printer/copier for the church office."



**Come
To
Sunday
School!**

Happy Birthday!

**ELLANORA BURNS!! FEBRUARY 15TH (91 YEARS)
DANNY GRANT FEBRUARY 23
MARGE WALTON FEBRUARY 24**

Huntsville Assistance Program:
Highlands participates in HAP; we are giving money and food to HAP, because we no longer keep up a food pantry of our own. HAP screens their 'clients' and



keeps track of those who would abuse a good system. We need to continue to bring food to HUMC for the pantry.

Dear Friends,

We appreciate so much all that you have done for us during our illnesses--for your prayers, food, call, and visits and trips to doctors. We could not have made it without our church family, and we will never forget the many kindnesses you have sown to us.

In Christian Love,
Gordon and Pat Cottrell

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